



All Saints CE Academy

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Dear Parents

I am happy to announce as from September this year we will continue to offer the Forest School Programme at All Saints' to Year 3 and 4 children.

About Forest School

Originating in Scandinavia, Forest School is a growing practice that is becoming more popular across schools and outdoor education settings in the UK and beyond.

Through regular engaging, hands-on learning experiences in a woodland or natural environment setting, children have the opportunity to develop their confidence and self-esteem, as well as build independence and communicative skills. These qualities help build a foundation to increase academic achievement and so supports learning across the curriculum and in the classroom.

During the programme children will have the opportunity to explore our Forest School setting and environment through a range of activities, including wild art, habitats and homes for flora and fauna, den building, knot tying and campfire cooking.

All activities are checked for safety and risk assessed beforehand. Please be assured that Government guidelines for COVID will also be adhered to in the outdoor setting.

What you will need to bring to Forest School sessions

As Forest School takes place outside every week in most weathers, I would appreciate your help if you could provide your child with the following for **each** session:

- * Outdoor shoes - sturdy trainers, walking boots or wellies
- * Long trousers and a long sleeved top
- * Warm socks
- * Waterproof coat (and trousers if possible)
- * An extra layer of clothing depending on the weather
- * Hat/gloves and scarf for chilly days

Please write your child's name on their clothing.

On Friday afternoons the children will have PE and Forest sessions so will need to arrive at school wearing appropriate clothing for both activities. Some extra outdoor kit will be required as outlined above.

As the session will be first thing in the morning, your child can come to school in their Forest School kit, with their school clothes to change into later.

I look forward to our Forest School sessions and the opportunity to be able to use our wonderful grounds to take learning outdoors.

Many thanks

Miss Langford