

# Who am I and Where am I from?

Topic words	
Skeleton/bones	Humans and many other animals have a skeletal system made up of hard pieces called bones. Bones help to support the body and to protect its organs
Senses	Senses allow us to observe and understand the world around us. There are five main ways we can do this: through sight (with our eyes), touch (with our fingers), smell (with our nose), taste (with our tongue) and hearing (with our ears).
Healthy	Being sound and well and not sick. Showing good health and eating healthy food.
Healthy eating	Healthy eating means eating a variety of foods that give you the nutrients you need to maintain your health, feel good, and have energy.
Family	A group made up of a parent or parents and their children
home/houses	The house or apartment where a person lives. There are different types of homes such as detached, semi-detached, bungalow, flat etc.

By the end of this topic.....

- \* I will be able to name the different parts of the body.
- \* I will be able to name the 5 senses. I will use my senses to complete an activity.
- \* I will begin to understand what being healthy means.
- \* I can identify healthy foods.
- \* I can talk about my family and where I live.
- \* I can identify different types of houses, locally and around the world.

Curriculum Links .....

**Understanding the World - The World - 30-50** Comments and asks questions about aspects of their familiar world such as the place where they live or the natural world.

**People and Communities 30-50** - Shows interest in the lives of people who are familiar to them. Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family

Links to our core values...

How can we show love and respect for our bodies, our family and other people?  
Show Kindness towards the people that are familiar to us.  
Show love, respect and Kindness when looking at similarities and difference in relation to others.

Exciting Books ....

